

# Day 23

We can praise Jesus in a lot of ways. We can sing to Him, read our Bibles, and pray to Him. There are things we can do while we worship as well. God's Word says that we should lift our hands in praise to Jesus. It shows total surrender to Jesus. What do police officers tell someone to do if they have a weapon or are in trouble? Put your hands up to say that you are in surrender and can not do anything. We want to show total surrender toward Jesus and tell Him that He is in control of our life, and we are not in control of our life. We want Jesus to guide every heartbeat, every step, every second of our lives. I totally surrender to Jesus. Do you?

I will therefore that men pray every where, lifting up holy hands, without wrath and doubting.

1 Timothy 2:8

